



Official Journal Issued by  
Faculty of  
Veterinary Medicine

## Benha Veterinary Medical Journal

Journal homepage: <https://bvmj.journals.ekb.eg/>



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### Original Paper

## Prevalence of some Foodborne Pathogens (FBPs) in imported chilled and frozen beef in Egypt

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### ARTICLE INFO

#### Keywords

*Salmonella*

*E. coli*

*Listeria monocytogenes*

Beef

*Staphylococcal enterotoxins*

Received 01/04/2024

Accepted 07/05/2024

Available On-Line

01/07/2024

### ABSTRACT

Food safety is a global priority due to foodborne pathogens contamination. This study determined the prevalence of Aerobic mesophilic bacteria count (AMB), *Staphylococcus aureus*, *Salmonella* spp., *E. coli* and *Listeria monocytogenes* in imported chilled and frozen beef in Egypt. The experimental results revealed that the AMB (cfu/g) in chilled samples varied from  $5.3 \times 10^4$  to  $4.7 \times 10^6$ , with an average of  $8.35 \times 10^5 \pm 1.06$ . In contrast, for frozen samples, the range was from  $9.7 \times 10^3$  to  $1.5 \times 10^6$ , with an average of  $3.11 \times 10^5 \pm 0.29$ . *Staphylococcus aureus* was found in 24 % of chilled beef samples and 16 % of imported frozen beef samples. The prevalence of *Salmonella* spp. was identified in 5% of chilled beef samples and 3% of imported frozen beef samples. Additionally, *Escherichia coli* was identified in 14% of chilled samples and 8% of frozen samples. The presence of *L. monocytogenes* was identified in 3% of chilled beef samples and 1% of frozen samples. The results obtained validated the inadequate bacteriological quality of certain imported chilled and frozen meats sold in the markets of Cairo and Qalyubia. This quality deficiency is a result of unclean transportation practices that continue to the retail levels. Chilled comprehensive findings, it can be inferred that imported chilled and frozen beef poses a substantial bacteriological public health risk and requires specific control measures.

## 1. INTRODUCTION

Nowadays, foodborne pathogens (FBPs) pose a substantial threat to public health. Meat is regarded as the most essential dietary item due to its nutritional value and palatability. Due to its pH, moisture, fat, protein, and fermentable carbohydrates, raw beef is ideal for spoiling and hazardous bacteria growth (Kebede and Getu, 2023). Foodborne illnesses are the primary cause of death and infectious diseases in developing countries. Bacteria cause 90% of foodborne infections, making them the biggest microbiological concern. By regulating potential contamination sources during harvesting, processing, distribution, retail markets, food service outlets, and the home, raw meat health concerns can be reduced. The microbiological quality of meat depends on proper slaughtering, sanitary processing, cold chain storage during and after processing, and hygienic retail handling (Borch and Arinder, 2002). The meat industry must constantly ensure product quality and safety. Improper storage, shipping, or handling can exacerbate microbial infection. Freezing and refrigeration are popular strategies used to inhibit the growth of microorganisms that cause food-borne illnesses (Mohammed et al., 2021). However, cooled and frozen imported beef poses serious health risks and requires careful control. Many studies have shown that chilled and frozen storage length is vital to meat quality and preventing deterioration during export and other activities (Leygonie et al., 2012). Egypt imports a variety of meats to meet animal protein demands. A common bacterium, salmonella, causes food poisoning. Raw meat is a major source of these bacteria, which can cause foodborne illnesses. Salmonellosis

causes stomach flu (gastroenteritis). This illness causes nausea, vomiting, stomach cramps, and bloody diarrhea. Fever, headache, and myalgia occur. Fluid loss can cause dehydration, especially in babies and the elderly (Ehuwa et al., 2021). *Escherichia coli* is the most reliable faecal infection surrogate (Xu et al., 2022). *E. coli* can cause a variety of enteric and extraintestinal illnesses in addition to its commensal role (Manges and Johnson, 2012). Many *Listeria* species cause invasive and noninvasive food-borne listeriosis (Zamuz et al., 2021). *Listeria monocytogenes* can cause meningitis, encephalitis, miscarriage, stillbirth in pregnant women, and death. Additionally, symptoms such as diarrhea, nausea, vomiting, muscle pains, and fever are observed (Moabelo et al. 2023). Thus, the current study was to investigate the incidence of bacterial contamination in imported chilled and frozen beef

## 2. MATERIAL AND METHODS

### Ethical approval

Following the approval of the research proposal by the Care and Use Committee Research Ethics, Faculty of Veterinary Medicine, Benha University (BUC-VTM-Oc-02-24), Egypt, the study was carried out.

### 2.1. Samples Collection

One hundred of imported chilled and frozen beef samples (50 of each) were randomly selected from supermarkets in Cairo and Qalyubia governorates. The samples were promptly transported to the laboratory in an icebox and

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packaged in a sterile plastic bag. All samples underwent bacteriological analysis.

## 2.2. Sample Preparation

In brief, the beef samples were prepared as described in (ISO, 2017a). In a septic manner, a 25 g meat sample was homogenized with 225 ml of 0.1 % peptone water in a sterile stomacher bag for 2 minutes using a Stomacher (400R, Seward, UK). From the homogenized sample, serial decimal dilutions were made, and 100  $\mu$ L was placed on agar plates and tested for Aerobic Mesophilic Bacteria (AMB), *Staphylococcus aureus*, isolate salmonella, *Escherichia coli*, and *Listeria monocytogenes*.

## 2.3. Bacteriological analysis of meat samples

### 2.3.1. Aerobic mesophilic bacteria (AMB) enumeration

AMB counts were determined by plating 100  $\mu$ L of beef homogenate onto standard plate count agar using the spread plate method. Plates incubated at 37 °C for 24 hours under aerobic conditions (ISO, 2013).

### 2.3.2. *Staphylococcus aureus* enumeration

*Staphylococcus aureus* Enumeration was conducted in accordance with (ISO, 2021) using Baird-Parker (BP) agar medium (Oxoid, UK) with the addition of egg yolk tellurite emulsion (Oxoid, UK). BP dry surface plates were surface-plated with 0.1 mL of the appropriate homogenate dilutions. Inoculated plates were incubated at 37°C for 24-48 hours. Black colonies with an opaque halo on BP agar are likely *S. aureus*. Each plate's numbers were expressed as cfu/g.

### 2.3.2.1. *Staphylococcal enterotoxins (SEs)*

SEs were detected and typed using (Klotz et al., 2003) procedures with slight modification. For 18–24 hours, *S. aureus* isolates were cultured in tryptone soy broth at 37°C with shaking. After growth, the culture supernatant was centrifuged at 900  $\times$  g for 20 minutes to detect enterotoxins. The commercially available SET-RPLA detected enterotoxins according to manufacturer directions. In summary, supernatant-diluted antisera-sensitive latex reagents are incubated overnight.

### 2.3.3. Isolation and identification of some foodborne pathogens.

#### 2.3.3.1. Isolation and identification of *Salmonella* spp.

Salmonella was identified in accordance with (ISO, 2017b) by adding 1 ml from each sample to 9 ml of Rappaport-Vassiliadis broth (Oxoid). A loopful of Rappaport-Vassiliadis broth was spread onto Oxoid xylose lysine deoxycholate (XLD) agar and incubated at 37 °C for 18–24 hours after an overnight aerobic incubation. API 20E (bioMérieux, Marcy-l'Étoile, France) identified salmonella biochemical colonies. The Kaufman-White technique was used to serotype all biochemically validated Salmonella isolates using commercial antisera (SIFIN in Berlin,

Germany) targeting the somatic (O) and flagellar (H) antigens (Popoff et al., 2004).

### 3.3.2. Isolation and identification of *E. coli*

*E. coli* was isolated according to protocol (ISO, 2018). Briefly, from previously prepared meat samples, A sterile pipette was used to transfer 1 mL of diluted meat samples into a test tube with nutritional broth after pre-enrichment and incubate overnight at 37 °C. A loop of overnight culture was streaked onto Eosin Methylene Blue agar in duplicate and incubated at 37°C for 18-24hr. Three presumptive *E. coli* from each selective agar plate were picked and then subcultured to obtain a pure culture, and identification was performed using standard biochemical procedures including Gram's staining, catalase, oxidase, indole, methyl red, Voges–Proskauer tests, and a sugar fermentation test using triple sugar iron agar. Positive isolates were stored in nutrient broth containing 50% (v/v) glycerol at 20°C for further study.

### 3.3.3 Isolation and identification of *Listeria monocytogenes*

To isolate *Listeria monocytogenes*, one ml from a previously prepared meat sample was added to 9 ml of half Fraser broth (Oxoid, England), homogenized, and incubated aerobically at 30°C for 24 $\pm$ 2 hours (ISO, 2017c). Transfer 0.1ml of primary enrichment culture to 10ml Fraser broth (Oxoid, England) and incubate at 35°C or 37°C for 48 $\pm$ 2 hours. A loopful of incubated Fraser broth was smeared onto PALCAM (Oxoid, England) agar plates and incubated at 37°C for 24 $\pm$ 3 hours. The bacterial morphological and biochemical properties were assessed through the utilization of Gram's staining, the catalase test, the sugar fermentation test, and the motility test, in accordance with the FDA BAM and ISO 11290 methods (Scotter, 2001).

## 4. Statistical Analysis

Statistical analysis was performed on the collected data using One-Way ANOVA (Analysis of Variance) test, SPSS version 22.0 (IBM Corp., Armonk, N.Y., USA). The statistical significance was set at  $P < 0.05$ .

## 3. RESULTS

The present study reveals a statistically significant difference in aerobic mesophilic bacterial counts (AMB) between imported chilled and frozen beef samples ( $P < 0.05$ ). The AMB counts for imported chilled beef samples varied between  $5.3 \times 10^4$  and  $4.7 \times 10^6$  cfu/g, with an average of  $8.35 \times 10^5 \pm 1.06$  cfu/g. In contrast, the imported frozen samples that were examined exhibited a mean value of  $3.11 \times 10^5 \pm 0.29$  cfu/g, as data is presented in Table 1. In addition, eleven out of fifty samples of chilled meat (22%) and 14% of the frozen beef samples (7 out of 50) were found to be unsatisfactory based on the APC limit specified by EOS 3602/2013 and EOS 1522/2018, respectively.

Table 1 Aerobic mesophilic bacteria (AMB) counts (cfu/g) in imported chilled and frozen beef.

Meat samples	AMB			Acceptability	
	Min	Max	Mean $\pm$ S.E <sup>a</sup>	Accepted No. (%)	Unaccepted No. (%)
Chilled meat	$5.3 \times 10^4$	$4.7 \times 10^6$	$8.35 \times 10^5 \pm 1.06^a$	39 (78)	11(22)
Frozen meat	$9.7 \times 10^3$	$1.5 \times 10^6$	$3.11 \times 10^5 \pm 0.29^b$	43 (86)	7(14)

S.E: Standard error of mean

Maximum permissible limit (MPL) according to (Egyptian Organization for Standardization and Quality (EOS) 3602/2013 ) for chilled beef and (EOS1522/2018 2018) for frozen beef) for AMB =  $> 10^6$

The mean counts of *Staphylococcus aureus* for imported chilled beef were  $1.48 \times 10^3 \pm 0.15$  cfu/g whereas for imported

frozen meat were  $8.75 \times 10^2 \pm 0.94$  cfu/gas illustrated in Table 2. Moreover, in compliance to the thresholds established by

EOS (1522/2018) for frozen meat and (3602/2013) for chilled meat, *Staphylococcus aureus* levels were deemed

unacceptable in eight of fifty frozen beef samples (16 %) and twelve of fifty chilled meat samples (24 %).

Table 2 *Staphylococcus aureus* counts (cfu/g) and acceptability levels in imported chilled and frozen beef.

Meat samples Enterotoxins	Chilled meat	Frozen meat
	No. (%)	No. (%)
SEA	1 (2)	-
SED	1(2)	1(2)
SEA+SEC	-	1(2)
SEC+SED	1(2)	-
Total	3(6)	2(4)

S.E: Standard error of mean, MPL for *Staphylococcus aureus* counts =  $10^2$

Table 3 shows the enterotoxin distribution in *Staphylococcus aureus* strains from imported chilled and frozen beef samples. Only 6% of chilled beef samples were positive for staphylococcal enterotoxins with 2% for

staphylococcal type A (SEA), 2% for SED, and 25 for SEC+SED, in contrast, 4% of imported frozen beef samples tested positive for staphylococcal enterotoxins with 2% for SED, and 2 % for SEA+SEC.

Table 3 Prevalence of *Staphylococcus* enterotoxins in imported chilled and frozen beef.

Meat samples <i>Salmonellae</i> spp	Chilled meat No. (%)	Frozen meat No. (%)
<i>S. Enteritidis</i>	2 (4)	1 (2)
<i>S. Haifa</i>	-	1(2)
<i>S. Montevideo</i>	1 (2)	-
<i>S. Shangani</i>	1 (2)	-
<i>S. Takoradi</i>	-	1(2)
<i>S. Typhimurium</i>	1(2)	-
Total	5 (10)	3(6)

Table 4 reveals that *S. Enteritidis* (4 %), *S. Montevideo* (2 %), *S. Shangani* (2 %), and *S. Typhimurium* (2 %) were found in imported chilled beef, whereas *S. Enteritidis* (2%),

*S. Haifa* (2 %), and *S. Takoradi* (2 %) were found in imported frozen beef samples.

Table 4 Prevalence of salmonella spp. in imported chilled and frozen beef samples.

Meat samples	<i>Staphylococcus aureus</i>			Acceptability	
	Min	Max	Mean $\pm$ S.E	Accepted	Unaccepted
				No. (%)	No. (%)
Chilled meat	$<10^2$	$5 \times 10^3$	$1.48 \times 10^3 \pm 0.15^a$	38 (76)	12 (24)
Frozen meat	$<10^2$	$2 \times 10^3$	$8.75 \times 10^2 \pm 0.94^b$	42 (84)	8 (16)

Table 5 presents the serotyping results for *E. coli* isolated from the examined imported chilled beef (7 serotyping) and imported frozen beef (4 serotyping). Specifically, the following *E. coli* strains were detected in chilled meat samples: *E. coli* O<sub>17</sub>:H<sub>18</sub> (2 %), *E. coli* O<sub>111</sub>:H<sub>2</sub> (2 %), and

*E. coli* O<sub>124</sub> (2 %); in imported frozen meat samples, the following strains were detected: *E. coli* O<sub>26</sub>:H<sub>11</sub> (4 %), *E. coli* O<sub>55</sub>:H<sub>7</sub> (2 %), *E. coli* O<sub>91</sub>:H<sub>21</sub> (2 %), and *E. coli* O<sub>119</sub>:H<sub>6</sub> (2 %); however, *E. coli* O<sub>128</sub>:H<sub>2</sub> failed to be detected.

Table 5 Prevalence of *E. coli* in imported chilled and frozen beef samples.

Meat samples <i>E. coli</i> strains	Chilled meat No. (%)	Frozen meat No. (%)	Strain type
O <sub>17</sub> : H <sub>18</sub>	-	1(2)	EPEC
O <sub>26</sub> : H <sub>11</sub>	2 (4)	-	EHEC
O <sub>55</sub> : H <sub>7</sub>	1(2)	-	EPEC
O <sub>91</sub> : H <sub>21</sub>	1(2)	-	EHEC
O <sub>111</sub> : H <sub>2</sub>	-	1(2)	EHEC
O <sub>119</sub> : H <sub>6</sub>	1(2)	-	EPEC
O <sub>124</sub>	-	1(2)	EIEC
O <sub>128</sub> : H <sub>2</sub>	2(4)	1(2)	ETEC
Total	7(14)	4 (8)	

EPEC = Enteropathogenic *E. coli*, ETEC = Enterotoxigenic *E. coli*, EIEC = Enteroinvasive *E. coli*, EHEC = Enterohaemorrhagic *E. coli*

*E. coli* and salmonella-free food is mandated by international organizations' food safety standards (EOS No. 3602/2013 and 1522/2018). Seven samples of imported chilled meat (14%) and four samples of imported frozen meat (8%) were rejected because of *E. coli* in this study. Salmonella spp. contamination led to the rejection of five (10%) samples of imported chilled meat and three (6%) samples of imported

frozen meat. In compliance with the *L. monocytogenes* standards set by the (EOS 3602/2013) for chilled meat and the (EOS 1522/2018) for frozen meat, both of which are devoid of contamination, the percentage of chilled meat that was considered unacceptable was 6% (3 samples) and 1 % (one sample), respectively, rendering them hazardous for human consumption (Table 6).

Table 6 Acceptability of chilled and frozen beef samples based on their contamination with *E. coli*, *Salmonella* spp., and *Listeria monocytogenes*.

Meat samples	<i>E. coli</i>		<i>Salmonella</i> spp.		<i>Listeria monocytogenes</i>	
	Accepted No. (%)	Unaccepted No. (%)	Accepted No. (%)	Unaccepted No. (%)	Accepted No. (%)	Unaccepted No. (%)
Chilled	43(86)	7(14)	45 (90)	5(10)	47(94)	3(6)
Frozen	46 (92)	4 (8)	47(94)	3(6)	49(98)	1(2)
Total (100)	89 (89)	11(11)	92(92)	8(8)	96(96)	4(4)

MPL for (*E.coli*, *salmonella* spp. And *Listeria monocytogenes*)= Free according EOS.

#### 4- DISCUSSION

Microbiological foodborne hazards have attracted the attention of the food safety management system. AMB counts were significantly higher in imported chilled beef than imported frozen samples. Similar results have been reported by (Hassanien et al., 2020), Both chilled and frozen beef samples were rejected by EOS at 22% and 14%, respectively. Equipment and cleanliness affect aerobic bacterial load. Increased aerobic mesophilic counts may suggest poor processing cleanliness (Ma et al., 2014). The elevated levels of AMB may not directly indicate a concern to human health but can serve as markers of hygienic quality in food processing areas and products (Rodríguez-Melcón et al., 2022). *Staphylococcus aureus* causes numerous clinical illnesses worldwide, and its link with food poisoning has garnered public attention. The current investigation found that compared to frozen meat samples, chilled meat had significantly higher levels of *S. aureus*. According to EOS standards, 24% of chilled and 16% of frozen meat samples had unsatisfactory *Staphylococcus aureus* levels. In contrast, earlier investigations found *S. aureus* positivity in raw red meat at 29.4 % in Algeria (Chaalal et al., 2018) and 26.31 % in Iran (Safarpour Dehkordi et al., 2017). *Staphylococcus aureus* is usually connected with skin and clothing; however, it can also be caused by dirty food processing practices such using soiled cutting boards, blades, and butcher shop staff' infamously poor hygiene (Gebeyehu, 2013). *S. aureus* and other pathogens can contaminate meat due to poor slaughter cleanliness and other abattoir errors such as faulty evisceration, which increases the risk of gut infections (Jaja et al., 2020). Additionally, in chilled meat, staphylococcal enterotoxins (SEs) were higher (6%) than in frozen meat (4%). These Preformed toxins cause nausea, vomiting, abdominal pain, and diarrhea, mimicking staphylococcal food poisoning. Two to six hours are typical for incubation. Diarrhoea usually follows rapid vomiting (Balaban and Rasooly, 2000). Furthermore, *E. coli* was detected in 8% of chilled and 12% of frozen retail red meat, respectively. Consistent with previous research, Gamal et al. (2020) found *E. coli* O55:H7 in one of the fresh meat samples tested. In contrast, Ahmed & Shimamoto (2014) found *E. coli* O157:H7 in 3.4% of samples and found it more prevalent in dairy than meat. Pathogenic *E. coli* infection can cause chronic diarrheal illness, vomiting, and more serious medical disorders such as traveler's diarrhea and hemolytic uremic syndrome (HUS). *Salmonella* is the most prevalent causative agent of foodborne diseases on a global scale. In a comparable trend, the prevalence of salmonella spp. in chilled meat (10 %) was greater than in frozen meat (6 %). Consistent with these results, Hendriksen et al. (2011) reported that *S. Enteritidis* and *S. Typhimurium* are the most common serovars in meat and animal products and cause most human diseases. Salmonellosis is characterized by fever, diarrhea, and severe cramps, and can develop up to 72 hours after ingestion (Antunes et al., 2016). The present investigation found that *L. monocytogenes* caused the rejection of 3 (6%) of imported chilled meat and 1 (2 %) of imported frozen meat. A nearly similar result was reported

by Ismaiel et al. (2013) who found 3.33 % *L. monocytogenes* in frozen lean beef, although the high values was 7.2 % (Liu et al., 2020). Foodborne pathogen *L. monocytogenes* can cause moderate gastroenteritis to invasive listeriosis (Horita et al., 2018). Certain food products have consistently shown increased vulnerability to contamination by *L. monocytogenes* due to the bacterium's capacity to multiply in cold temperatures, in addition, the *L. monocytogenes* is capable of surviving at temperatures below freezing and can thrive within a temperature range of 1°C to 45°C (Saraiva et al. 2016).

#### 5. CONCLUSIONS

The present data indicated that imported chilled beef samples had more Aerobic mesophilic bacteria, *S. aureus*, than imported frozen meat samples. Furthermore, higher rates of salmonella, *E. coli*, and *Listeria monocytogenes* in imported chilled beef. According to this study, chilled beef is a public health risk. The results from this study emphasize how crucial it is to maintain proper hygiene protocols during meat processing and retail environments. It is essential to establish programs that help prevent contamination or inhibit the growth of bacteria in meat. Other important measures include maintaining an appropriate temperature, using good manufacturing practices, and ensuring proper cleaning, sanitation, and hygiene.

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